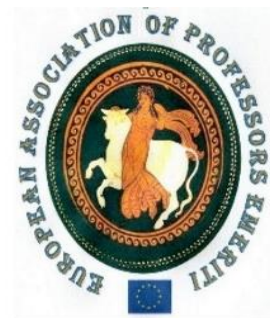
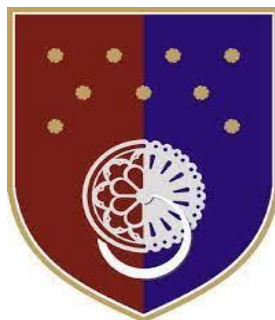


POD POKROVITELJSTVOM



Organizujemo

***SIMPOZIJUM „Kako živjeti kvalitetno u starijoj životnoj dobi“***

**01. Oktobra 2024. godine u Konferencijskoj sali JU Opće bolnice „Prim. dr. Abdulah Nakaš“ Kranjčevićeva 12, 71000 Sarajevo.**

Prof. dr. Azra Husić  
Predsjednica organizacionog odbora

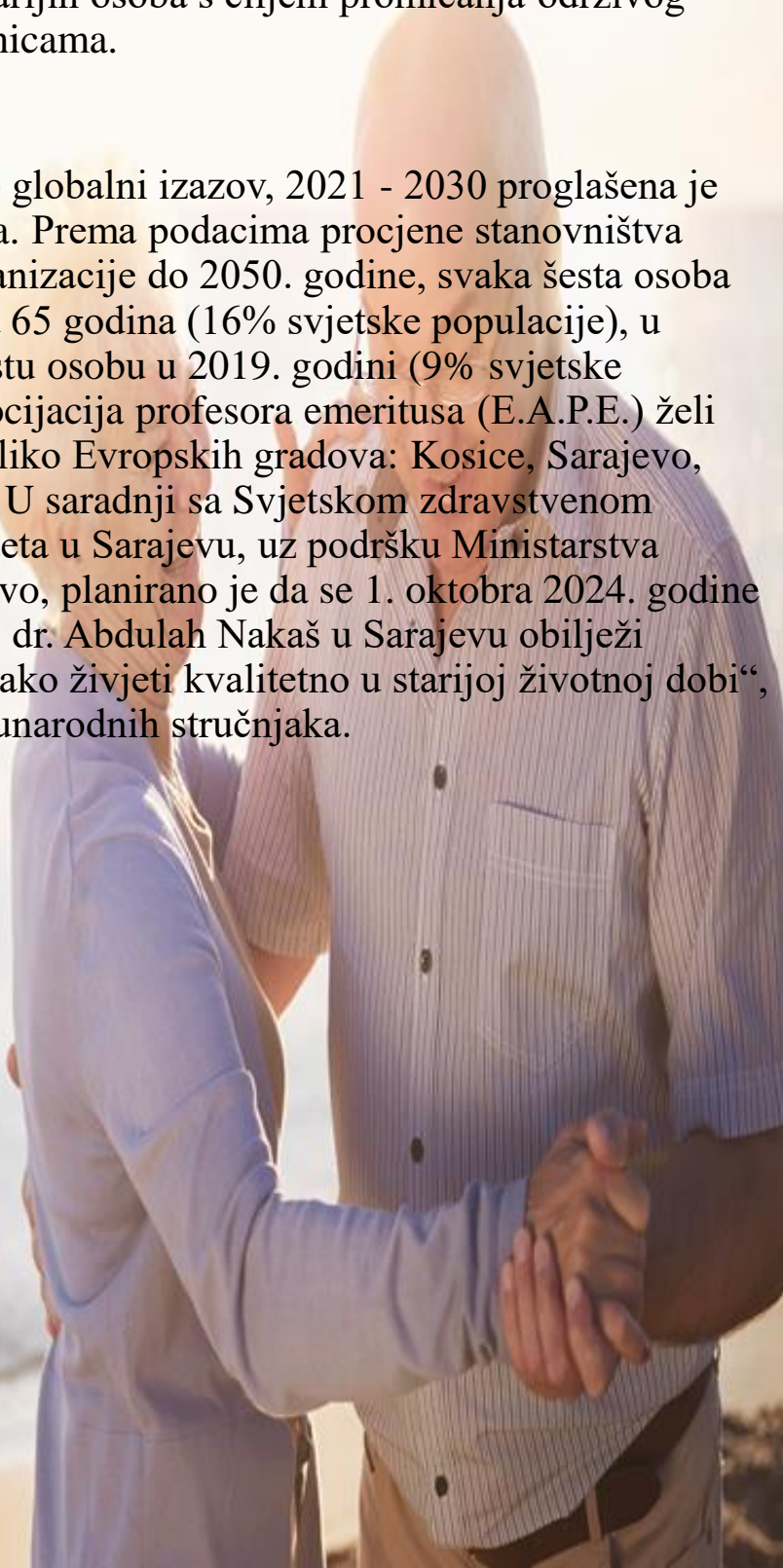
DIREKTOR  
JU Opće bolnice „Prim. dr. Abdulah Nakaš“  
Prof. dr. Ismet Gavrankapetanović

Acc. Halima Resić, prof. emer.  
Članica Upravnog odbora E.A.P.E.

Ove godine se navršava 34 godine od kako je Glavna skupština Ujedinjenih naroda 30. decembra 1990. godine, 1. oktobar proglasila Međunarodnim danom starijih osoba s ciljem promicanja održivog aktivnog starenja u zajednicama.

Prepoznajući starenje kao globalni izazov, 2021 - 2030 proglašena je dekadom zdravog starenja. Prema podacima procjene stanovništva Svjetske zdravstvene organizacije do 2050. godine, svaka šesta osoba na svijetu bit će starija od 65 godina (16% svjetske populacije), u odnosu na svaku jedanaestu osobu u 2019. godini (9% svjetske populacije). Evropska asocijacija profesora emeritusa (E.A.P.E.) želi obilježiti ovaj dan u nekoliko Evropskih gradova: Kosice, Sarajevo, Atina, Napulj, i Cosenza. U saradnji sa Svjetskom zdravstvenom organizacijom i Univerziteta u Sarajevu, uz podršku Ministarstva zdravstva Kantona Sarajevo, planirano je da se 1. oktobra 2024. godine u JU Opće bolnice „Prim. dr. Abdulah Nakaš u Sarajevu obilježi jednodnevni Simpozij „Kako živjeti kvalitetno u starijoj životnoj dobi“, uz učešće domaćih i međunarodnih stručnjaka.

S poštovanjem,



# **SIMPOZIJUM**

## **POKROVITELJ**

**Ured Svjetske zdravstvene organizacije u Bosni i Hercegovini**

**Ministarstvo zdravstva Kantona Sarajevo**

**Evropska asocijacija profesora emeritusa ( E.A.P.E.)**

**Univerzitet u Sarajevu (UNSA)**

**JU Opća bolnica „Prim. dr. Abdulah Nakaš“**

## **ORGANIZATOR**

**JU Opća bolnica „Prim. dr. Abdulah Nakaš“**

## **PARTNERI**

**Evropska asocijacija profesora emeritusa ( E.A.P.E.)**

**Univerzitet u Sarajevu (UNSA)**

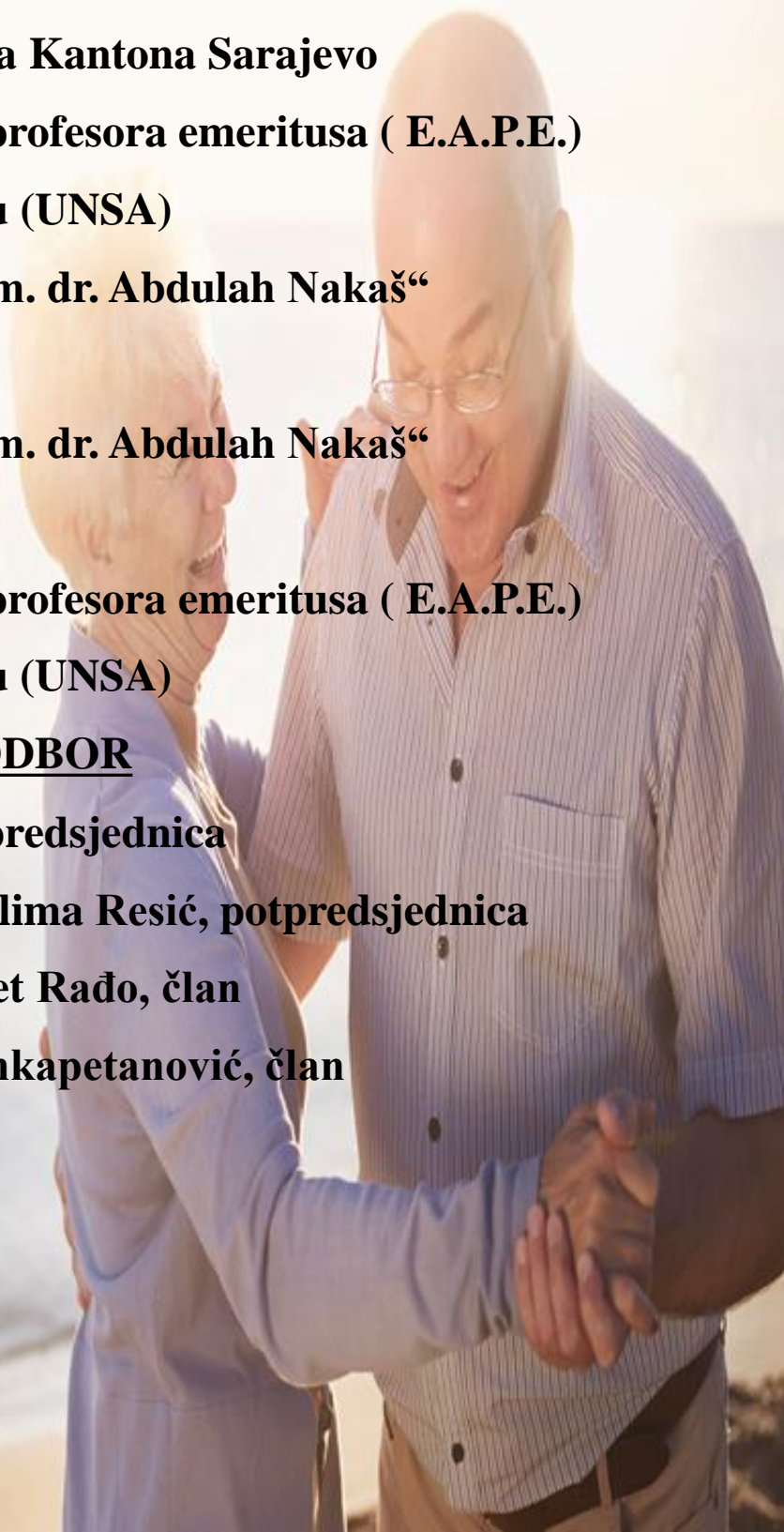
## **ORGANIZACIONI ODBOR**

**Prof. dr. Azra Husić, predsjednica**

**Akademik prof.dr. Halima Resić, potpredsjednica**

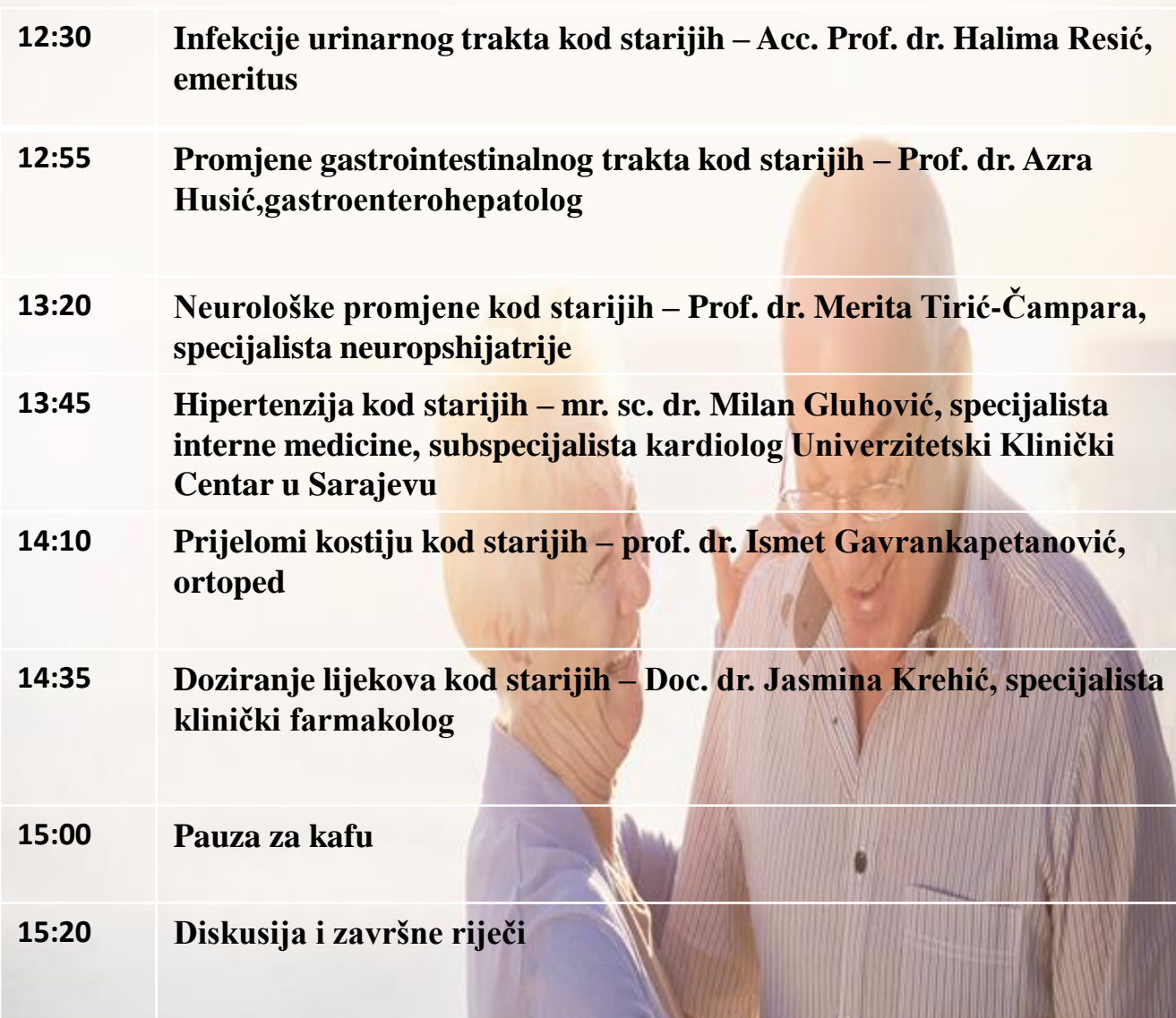
**Akademik prof. dr. Izet Rađo, član**

**Prof. dr. Ismet Gavrankapetanović, član**



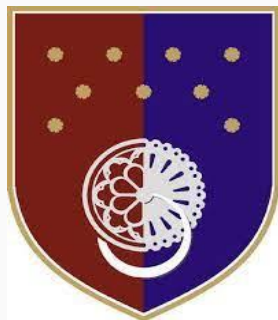
# PROGRAM SIMPOZIJA

09:00	Registracija u
09:30	<p>Otvaranje simpozijuma „Kako živjeti kvalitetno u starijoj životnoj dobi“</p> <p>-Prof. dr. Azra Husić , šefica odjeljenja za nauku, nastavu i poboljšanje kvaliteta JU Opće bolnice „Prim. dr. Abdulah Nakaš“</p> <p>-Erwin Cooreman, MD, Msc; Specijalni predstavnik SZO</p> <p>-Mr. med. sci. dr. Enis Hasanović, ministar zdravstva Kantona Sarajevo</p> <p>-Prof. dr. Ismet Gavrankapetanović, direktor JU Opće bolnice „Prim. dr. Abdulah Nakaš“</p> <p>-Acc. Prof. dr. Halima Resić emeritus,</p>
09:45	<p>Politika zdravog starenja Svjetske zdravstvene organizacije- Erwin Cooreman, MD (Ghent), MSc (London), DTM&amp;H (Liverpool)</p> <p>Specijalni predstavnik SZO</p>
09:55	<p>Fizička aktivnost u trećem dobu života- Acc. Prof. dr. Izet Rađo, Redovni profesor Univerziteta u Sarajevu</p>
10:20	<p>Uloga vještačke inteligencije u starijoj populaciji – Acc. Prof. dr. Mirza Žižak, prof. fiziologije i imunologije, Zavod za fiziologiju Medicinskog fakulteta Sveučilišta u Zagrebu</p>
10:45	<p>Medicina u adolescentnoj populaciji – Prof. dr. Dušanka Turk Mičetić emeritus Univerzitet Maribor</p>
11:10	<p>Izazovi zdravog starenja – Prof. dr. Aida Pilav, Zavod za javno zdravstvo KS</p>
11:30	<p>Diskusija</p>
11:50	<p>PAUZA ZA KAFU</p>



<b>12:30</b>	<b>Infekcije urinarnog trakta kod starijih – Acc. Prof. dr. Halima Resić, emeritus</b>
<b>12:55</b>	<b>Promjene gastrointestinalnog trakta kod starijih – Prof. dr. Azra Husić, gastroenterohepatolog</b>
<b>13:20</b>	<b>Neurološke promjene kod starijih – Prof. dr. Merita Tirić-Čampara, specijalista neuropshijatrije</b>
<b>13:45</b>	<b>Hipertenzija kod starijih – mr. sc. dr. Milan Gluhović, specijalista interne medicine, subspecijalista kardiolog Univerziteti Klinički Centar u Sarajevu</b>
<b>14:10</b>	<b>Prijelomi kostiju kod starijih – prof. dr. Ismet Gavrankapetanović, ortoped</b>
<b>14:35</b>	<b>Doziranje lijekova kod starijih – Doc. dr. Jasmina Krehić, specijalista klinički farmakolog</b>
<b>15:00</b>	<b>Pauza za kafu</b>
<b>15:20</b>	<b>Diskusija i završne riječi</b>

UNDER THE AUTHORITY OF



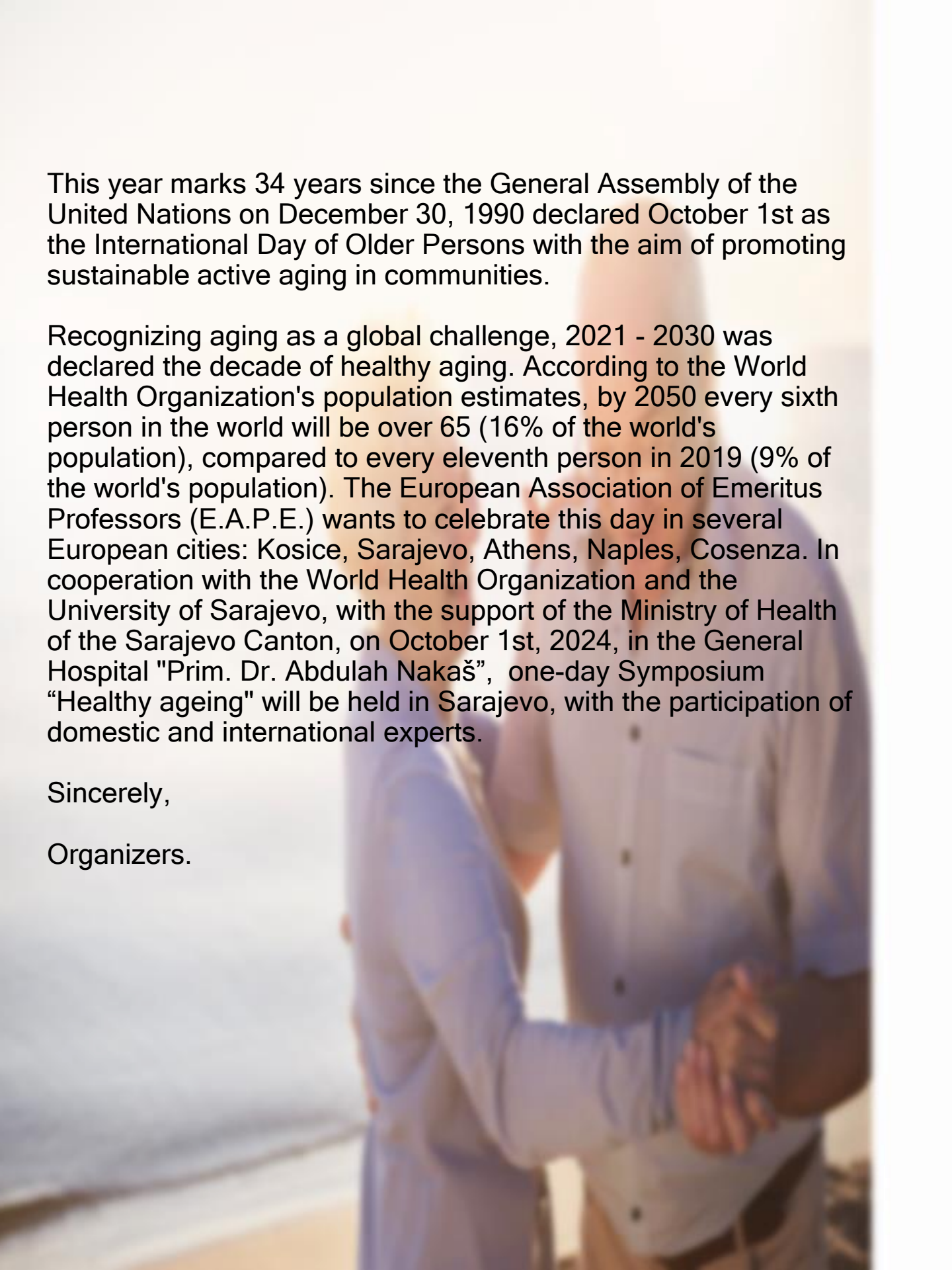
## **SYMPOSIUM “HEALTHY AGEING“**

October 1st 2024, Conference Hall, General Hospital  
"Prim. Dr. Abdulah Nakaš" Kranjčevićeva 12, 71000  
Sarajevo.

Prof. dr. Azra Husic  
President of the organizing committee

Prof. dr. Ismet Gavrankapetanovic  
Director of JU General Hospital “Prim. Dr. Abdulah Nakaš”

Acc. Halima Resić, prof. emer.  
Member of the Management Board of E.A.P.E.



This year marks 34 years since the General Assembly of the United Nations on December 30, 1990 declared October 1st as the International Day of Older Persons with the aim of promoting sustainable active aging in communities.

Recognizing aging as a global challenge, 2021 - 2030 was declared the decade of healthy aging. According to the World Health Organization's population estimates, by 2050 every sixth person in the world will be over 65 (16% of the world's population), compared to every eleventh person in 2019 (9% of the world's population). The European Association of Emeritus Professors (E.A.P.E.) wants to celebrate this day in several European cities: Kosice, Sarajevo, Athens, Naples, Cosenza. In cooperation with the World Health Organization and the University of Sarajevo, with the support of the Ministry of Health of the Sarajevo Canton, on October 1st, 2024, in the General Hospital "Prim. Dr. Abdulah Nakaš", one-day Symposium "Healthy ageing" will be held in Sarajevo, with the participation of domestic and international experts.

Sincerely,

Organizers.

# SYMPOSIUM

## UNDER AUSPICES

World Health Organization, Country Office in Bosnia and Herzegovina

Ministry of Health of Sarajevo Canton

European Association of Professors Emeritus (E.A.P.E.)

University of Sarajevo (UNSA)

General Hospital "Prim.dr. Abdulah Nakaš"

## THE ORGANIZER

General Hospital "Prim.dr. Abdulah Nakaš"

## PARTNERS

European Association of Professors Emeritus (E.A.P.E.)

University of Sarajevo (UNSA)

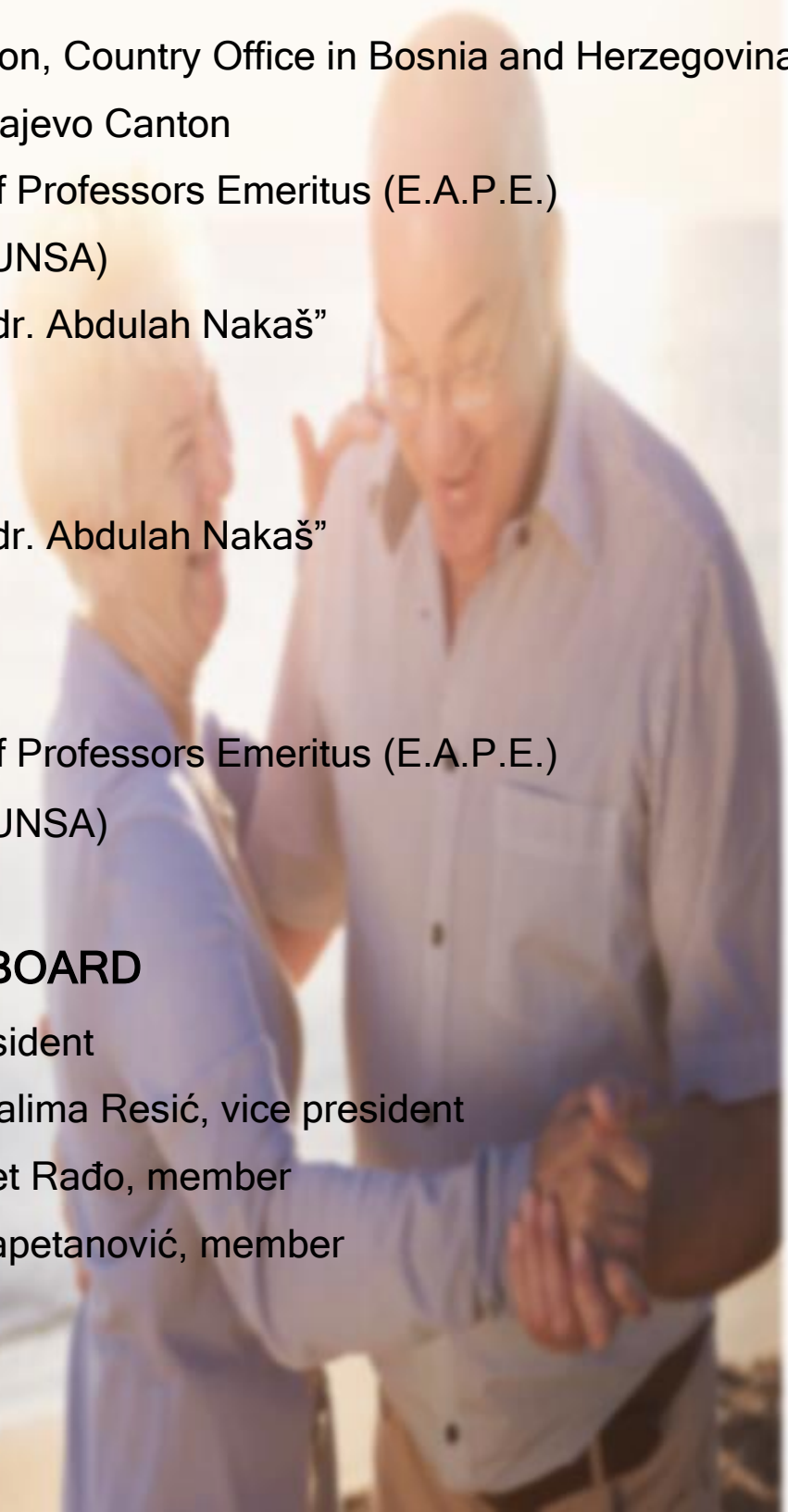
## ORGANIZATIONAL BOARD

Prof.dr. Azra Husić, president

Academician Prof. dr. Halima Resić, vice president

Academician Prof.dr. Izet Rađo, member

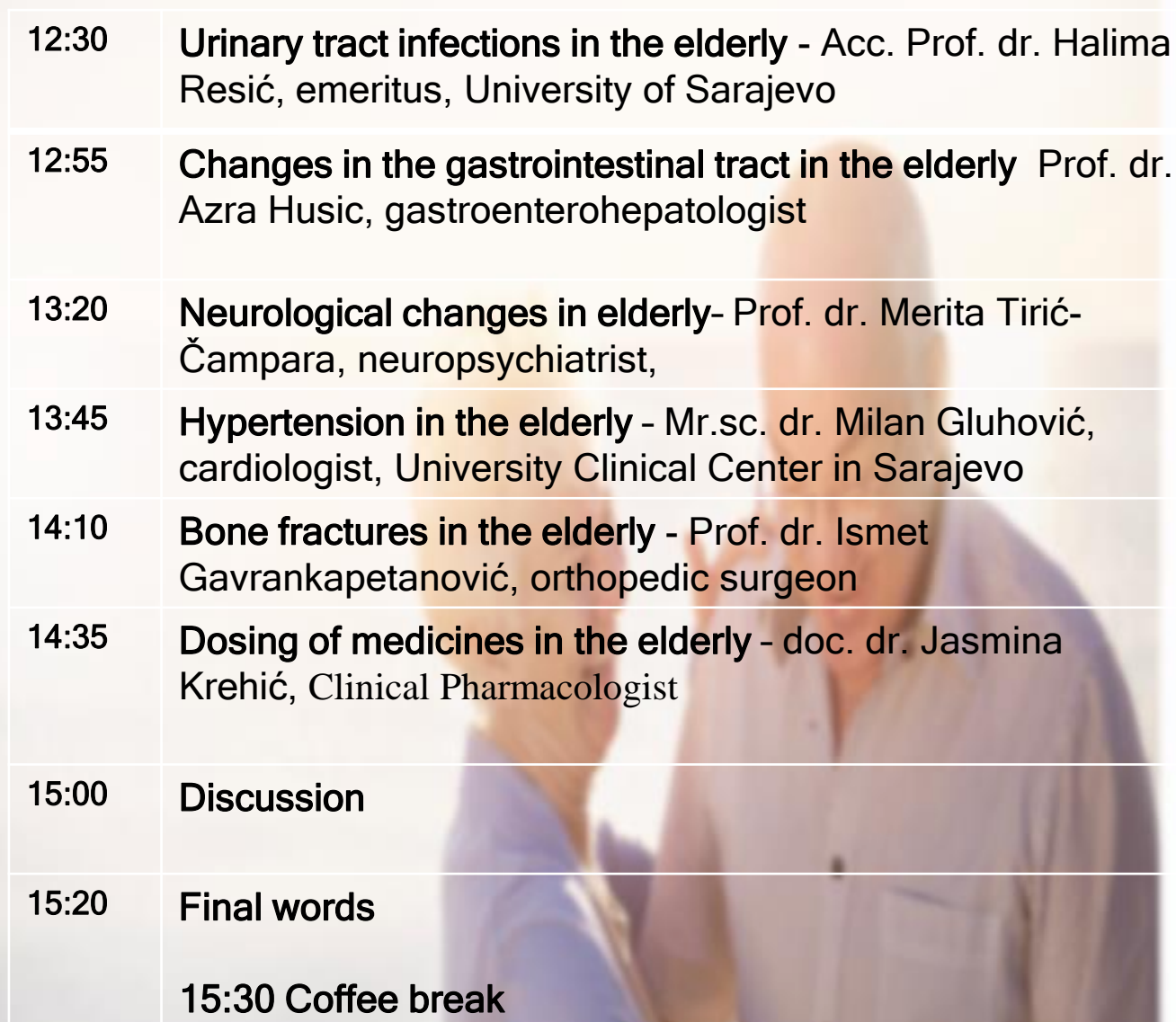
Prof. dr. Ismet Gavrankapetanović, member





# SYMPOSIUM PROGRAM

09:00	Registration
09:30	<p><b>Opening of the symposium “Healthy Ageing,,</b> Prof. dr. Azra Husić, Head of the Department for science and education of the General Hospital "Prim. dr.. Abdulah Nakaš”</p> <ul style="list-style-type: none"><li>-Erwin Cooreman, MD, MSc; WHO Special Representative-Country Office, Bosnia and Herzegovina</li><li>-Mr. med. sci. PhD. Enis Hasanović, Minister of Health of Sarajevo Canton</li><li>-Prof. dr. Ismet Gavrankapetanović, director of the General Hospital "Prim. dr. Abdulah Nakaš”</li><li>-Acc. Prof. dr. Halima Resić, emeritus, vice president of the Organizing Committee</li></ul>
09:45	<p><b>Healthy Aging Policy of the World Health Organization -</b> Erwin Cooreman, MD (Ghent), MSc (London), DTM&amp;H (Liverpool) WHO Special Representative</p>
09:55	<p><b>Physical activity in the third age of life -</b> Acc. Prof. dr. Izet Rađo, Professor at the University of Sarajevo</p>
10:20	<p><b>The role of artificial intelligence in the elderly population -</b> Acc. Prof. dr. Mirza Žižak, Department of Physiology, Faculty of Medicine, University of Zagreb</p>
10:45	<p><b>Medicine in the adolescent population -</b> Prof. dr. Dušanka Turk Mičetić emeritus University of Maribor, Slovenia</p>
11:10	<p><b>Challenges of healthy aging -</b> Prof. dr. Aida Pilav, Institute of Public Health Canton Sarajevo</p>
11:30	Discussion
11:50	COFFEE BREAK



12:30	<b>Urinary tract infections in the elderly</b> - Acc. Prof. dr. Halima Resić, emeritus, University of Sarajevo
12:55	<b>Changes in the gastrointestinal tract in the elderly</b> Prof. dr. Azra Husic, gastroenterohepatologist
13:20	<b>Neurological changes in elderly</b> - Prof. dr. Merita Tirić-Čampara, neuropsychiatrist,
13:45	<b>Hypertension in the elderly</b> - Mr.sc. dr. Milan Gluhović, cardiologist, University Clinical Center in Sarajevo
14:10	<b>Bone fractures in the elderly</b> - Prof. dr. Ismet Gavrankapetanović, orthopedic surgeon
14:35	<b>Dosing of medicines in the elderly</b> - doc. dr. Jasmina Krehić, Clinical Pharmacologist
15:00	<b>Discussion</b>
15:20	<b>Final words</b>
	<b>15:30 Coffee break</b>